



18U AAA TEAM FACT SHEET 2026-27

Head Coach: Kevin Holmstrom

Associate Coaches: TBD / Cole Fletcher

Season Length: 33 Weeks (August 2026-March, 2027)

Weekly Ice Times (additional ice times added depending on game and travel schedules)*

- Tuesday (Team Practice) 3:00-4:15 PM
- Wednesday (Team Practice) 3:00-4:15 PM
- Thursday (Team Practice) 3:00-4:15 PM

Weekly Workout times (additional workouts added depending on game and travel schedule)*

- Monday 3:00-4:00 PM
- Tuesday 1:30-2:30 or 4:30-5:30 PM
- Wednesday 1:30-2:30 or 4:30-5:30 PM
- Thursday 1:30-2:30 PM or 4:30-5:30 PM
- Friday 3:00-4:00 PM

Estimated practice hours: 112-130 hrs.

Estimated skills hours in optional PHA: 110 hrs. (3 days/week) — 300 hrs. (5 days/week) Estimated off-ice training hours: 110-130 hrs.

TOTAL TRAINING HOURS/SEASON: 332 (Rampage Only) — 500 + (Rampage + Hockey Academy)

RAMPAGE ACADEMY POWERED BY TPH, COMING SOON!

2026-27 Costs[†]

Registration	\$9,500
Workouts	\$1,500
Individual trip cost	8 × \$1,700
Total trip cost	\$13,600
Total cost	\$24,600

Season fees include:

Coaching
 Team ice time
 Game fees
 Tier 1 Elite League Fees
 Showcase / Tournament Fees (does not include coach or player travel)
 Video and Analytics
 Mental Performance Training
 Helios package

* All calculated training totals are an estimated minimum amount. Coaches often add more events throughout the season.

† For payment options, please inquire at time of registration



EVENTS: (Locations and dates subject to change. Additional team travel trips may be added to the schedule. Dates shown do not include travel day)

- **09/24–09/27 NAHL Showcase Blaine, MN**
- **10/9–10/12 T1EHL Orland Park, IL**
- **10/30–11/2 T1EHL Blaine, MN**
- **11/20–11/23 T1EHL Detroit, MI**
- **12/18–12/21 T1EHL Phoenix, AZ**
- **1/16–1/18 T1EHL Dallas, TX**
- **2/12–2/15 T1EHL Playoffs Blaine, MN**
- March: Rocky Mountain Districts (If qualified)
- March: USAH Nationals (If qualified)
- Additional Events TBD

<i>Estimated Games</i>	50–60
<i>Out-of-State Events</i>	8–10
<i>In-State Games</i>	10–20

Team Travel - Additional team travel trips may be added to the schedule.

As a benefit to Rampage members, we bill a single rate of **\$1700** for each team travel trip. This allows families to budget and Rampage absorbs travel cost fluctuations.

Our 150/16U/18U Tier 1 teams will take 8-10 showcase/tournament trips.

Gear / Uniforms - Gear, including jerseys, socks, warm ups and workout wear is additional and purchased directly from our team store at time of team selection. All jerseys and gear remain the property of the player/family. (Est. \$1000-\$1500)

Insurance - Insurance on season fees (and travel if opting to include payment for travel trips during registration) is offered during our registration process, to cover injury and illness, and is **mandatory** for Tier 1 hockey players.